

◀ GOOD PRACTICE INFORMATION ▶



Don't Dry Up!

What happened?

Due to the nature of work carried out on C807 with personnel walking conveyor system and operating plant for long periods of time, the BAM Nuttall team have provided the workforce with water bottles to encourage the operatives to carry water with them and to ensure that they remain hydrated throughout their shifts.

Advantages:

BAM Nuttall branded water bottles have been given out to all staff at Wallasea and DTS sites. The bottles state the recommended water intake and other relevant health facts. A questionnaire was completed by site staff on receiving the bottles and again after 4 weeks of use to see if there was any health improvement through drinking the recommended amount of water. 70% of the participants found the trial beneficial and will continue using the bottles on a daily basis.



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MOVING LONDON FORWARD

